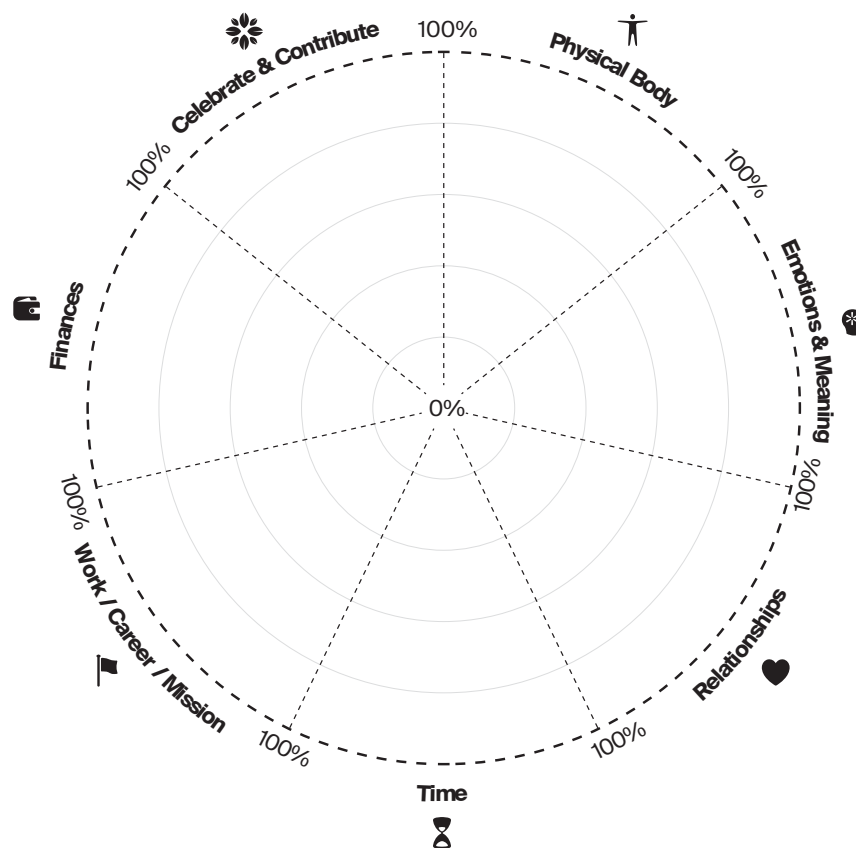


# The Wheel of Life

To close the gap from where you are to where you want to be, starts by getting clear on exactly **where you are**. A map can only guide you to where you want to go if you know your precise starting point.

Look at The Wheel of Life below. The middle of the circle corresponds to 0% and the outside ring of the circle corresponds to 100%. Now, taking one area at a time, grade yourself on a scale of 0 to 100 of where you are today. For example, you might rate yourself at a 70% in your family life, an 80% in your finances, a 50% in your emotional life, a 90% in your career, a 40% in your ability to manage time, a 60% in your spirituality, and a 70% in your physical health. **When you're done, draw a line across the section that represents the number you currently rate yourself at in each area. Then color in the space between each spoke of the wheel.**



Now take a look at your wheel. If this wheel were a tire on your car called life, how would your car run? How would you do at 10mph? How would you do as an achiever going 100mph? If you are like most people, your car is a little out of balance, and it's going to be one heck of a bumpy ride! When certain areas of your life are out of balance, you can still achieve your desired destination, but it's going to take you longer and the ride isn't going to be as smooth or fun.

Which one area do you want to focus most on improving?		
SCORE		
2. WHERE DO YOU WANT TO BE? TARGET GOAL		
3. GET FOCUSED AND CLEAR 1. Clear and compelling vision 2. Strong reasons to follow through 3. Total honesty about where you really are		
4. BEST TOOLS & STRATEGIES FOR SUCCESS 1. Proven map 2. Expert/effective guide/mentor 3. Principles and skills 4. Standards/rituals/schedule critical for success 5. System for training and conditioning for results 6. Team/peer group/community to call you to a higher level 7. Daily action, flexible approach, and constant measurement		
5. GET ALIGNED, INTEGRATED, UNLOCK INNER CONFLICTS 1. Do you have beliefs, values, and goals in conflict? Do you have conflicts with other people about getting results in this area of your life? 2. What's your plan to transform these conflicts? Update your blueprint, integrate, align, and achieve? 3. How will you celebrate? What will you do for yourself and others? Whose lives will you touch?		
1. WHERE ARE YOU YOU? CURRENT DESCRIPTION		
SCORE		